

Programme

2018

Loutraki, Greece, November 9 – 11

Autumn School



**Autumn Loutraki
School 2018**

Add another stepping stone to your Neurology training

EAN Autumn School
Loutraki, Greece
November 9-11, 2018

Under the honourable auspices of Hellenic
Society of Neurology (HNS)



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of Neurology
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Day 3 is co-organised with MDS-ES



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900,000,000
brains

45,000
members

47
countries

community



Great Minds.

Welcome Message

Dear colleagues and friends,



It is our great pleasure to welcome you on behalf of the EAN Teaching Course sub-Committee to the first EAN Autumn School for neurologists.

The EAN Autumn School follows a new format, with plenary sessions in the morning and hands-on courses and interactive or case-based sessions in the afternoon. Local patients will be participating to allow direct interaction and clinical teaching.



Each day will focus on how to approach a specific clinical syndrome in order to reach diagnosis and treatment. This way, participants will learn, like in a real-life setting, how to deal with a given clinical situation. This represents a different approach from the Spring School, or many Regional Teaching Courses, which are topic- or disease focused.

Loutraki, formerly known for its' natural thermal springs, is close to Corinth and the archaeological site and village of ancient Corinth, about 80 km west of Athens. We are happy to announce that one of the evenings we will have a nice boat trip through the canal ending in a leisure and relaxing evening where we all can get to know each other a bit more. With events like this EAN would like to foster the creation of a great neurological network for future years.

This historical place will now host 60 neurologists in training from 24 countries, who will have a fantastic chance to gain new knowledge and skills, share experiences with colleagues and distinguished experts, make new professional contacts and plan further collaborations.

We would like personally and on behalf of the EAN staff to thank our honourable speakers for making this programme very attractive.

We wish you all a successful meeting and an enjoyable stay in Loutraki!
Sincerely,

Claudia Sommer
*Chair EAN Teaching Course
sub-Committee*

Maria Stamelou
Local Course Chairwoman

Autumn Loutraki School 2018

About EAN

The European Academy of Neurology (EAN) was founded during the first Joint Meeting of the ENS (European Neurological Society) and EFNS (European Federation of Neurological Societies) in Istanbul, on Tuesday, June 3, 2014.

EAN Mission

EAN provides a go-to resource for everyone working in the fields of neurology and neuroscience. The EAN brings together national societies, institutions, clinicians and researchers and offers a forum for research, learning, networking and best practice for patients.

Its mission is to increase and share neurological excellence in Europe and worldwide and to promote quality and work with the best clinicians, educators and scientists.

Membership

EAN is an organisation that has individual members and national neurological societies members.

Assembly of Delegates

It is the democratic heart of EAN, consisting of Individual Delegates representing individual members, and Institutional Delegates representing the 47 member Societies of EAN.

EAN Board

Franz Fazekas, Austria
President

Claudio Bassetti, Switzerland
President Elect

Marianne de Visser, The Netherlands
Secretary General

Marie Vidailhet, France
Chair Scientific Committee

Tony Marson, UK
Chair Programme Committee

Günther Deuschl, Germany
Past President

Elena Moro, France
Treasurer

Dafin Muresanu, Romania
Chair Communication Committee

Riccardo Soffietti, Italy
Chair Education Committee

Teaching Course Sub-committee

Claudia Sommer, Germany (*Chair*)

David García Azorín, Spain (*RRFS*)

Elena Lebedeva, Russia

Milija Mijajlovic, Serbia

Erich Schmutzhard, Austria

Pille Taba, Estonia (*MDS-ES*)

Roland Wiest, Switzerland

Committees

4 Committees and 2 sub-committees covering all aspects of our scientific organisation. The committees cover the following areas: congress programme, education, communication, scientific, European affairs and educational events outside the congress. RRFS do have representatives in most of the committees.

Scientific Panels

31 scientific panels represent all areas of neurology. Each panel consists of one member of each European National Neurological Society and individual panel members. They are organised by their own management group. RRFS do have representatives in most of the panels.



Resident and Research Fellow Section (RRFS)

The main objectives are: to represent, inform, and help neurology trainees at an international level, including those who wish to spend time in other countries for clinical training or research; to connect junior neurologists for clinical exchange and support; to build a platform for communication among junior neurologists.

RRFS organize a hospital visit and a special session as well as many networking opportunities during the annual EAN Congress.

RRFS members are eligible

- To apply for the EAN Spring and Autumn School
- To apply for the EAN Clinical and Research Fellowship
- To apply for a congress travel grant (bursary)
- To participate in the Tournament for neurologists in training at the annual congress
- To pay the reduced congress registration fee
- To visit the VIP members' lounge at the congress

Autumn Loutraki School 2018

General Information A – Z

Afternoon workshops & group info

3 groups of 20 participants will rotate from workshop to workshop. Every morning the daily groups (A, B, C) will be displayed.

13:30 – 14:30 Workshops

14:30 – 14:45 Break and change of session rooms

14:45 – 15:45 Workshops

15:45 – 16:00 Break and change of session rooms

16:00 – 17:00 Workshops

Board and catering

free of charge daily catering includes

- breakfast buffet
- lunch buffet
- dinner buffet

All other meals and beverages during your stay go on your own expenses and you must pay immediately.

Certificates

Each participant will receive a certificate of attendance. Upon passed exam on the last day, an additional certificate will be provided.

Evaluation

All participants are asked to fill out the evaluation form distributed during the course in order to improve the quality.

Exam

On the last day (17.00 – 17.30), an exam-questionnaire related to the lectures of the speakers of the course will be carried out.

Liability and insurance

The organizer will not assume any responsibility whatsoever for damage or injury to persons or property during the course. EAN will provide confirmation, health insurance and necessary documents only for the duration of the Autumn School, i.e. November 8-12, 2018.

Location

Ramada Loutraki Poseidon Resort
Thesi Boutsis Korinthia
20300 Loutraki
Greece
(phone: +30-274-4067938)

Emergencies:

EAN Office mobile phone on-site:
+43 664 465 80 86

Accommodation is provided in double rooms with shower, WC, TV-sat. You can use all of the hotel facilities including swimming pool and other amenities at your own expenses.



Photo: Wydham Resort

Mobile phones

During sessions, we ask you to switch off your mobile phones, it is not allowed to take photos of the slides or participating patients.

Presentations

All presentations and slides will be online on the EAN Website www.ean.org.

Sessions

All sessions start on time, we ask you to be in the session/workshop room shortly before the announced beginning.

Smoking policy

Smoking is not allowed in any of the conference rooms. Designated areas are available throughout the hotel premises.

Payments

The hotel accepts all credit cards. There is no ATM machine on the hotel premises, but in the nearby center of Loutraki (3.5 km).

Wi-Fi

Wi-Fi will be available free of charge in the entire hotel.

Autumn School Loutraki 2018

Faculty



Anastasios Bonakis, MD, Prof
Attikon Hospital, University of Athens
Second Department of Neurology
 Athens, Greece



Vanessa Carvalho, MD
Hospital Pedro Hispano
Department of Neurology
 Porto, Portugal



Hannah Cock, MD, Prof, FEAN
St George's University of London
 London, UK



Carlo Colosimo, MD, FEAN
Azienda Ospedaliera S. Maria
Department of Neurology
 Terni, Italy



Espen Dietrichs, MD, Prof
University of Oslo
Department of Neurology
 Oslo, Norway



Joaquim Ferreira, MD, Prof
Hospital de Santa Maria
Faculdade de Medicina de Lisboa
Department of Neurology
 Lisbon, Portugal



George Koutsis, MD, AssProf
University of Athens Medical School
Department of Neurology and Neurogenetics
Eginition Hospital
 Athens, Greece



Maria Stamelou, MD, Prof, FEAN
HYGEIA Hospital
Movement Disorders Unit
 Athens, Greece



Leonidas Stefanis, MD, Prof
University of Athens Medical School
First Department of Neurology
Eginition Hospital
 Athens, Greece



Tim J von Oertzen, MD, FRCP, FEAN
Kepler Universitätsklinikum
Department of Neurology #1
 Linz, Austria

Friday, November 9, 2018

Episodic loss of consciousness

Morning sessions

9:00 – 10:00

- Approach to differential diagnosis (Syncope vs. seizure vs. non-epileptic attacks)
Anastasios Bonakis
Athens, Greece

10:00 – 10:15

- Break

10:15 – 11:15

- Utility of MRI, EEG and Video-EEG
Hannah Cock
London, UK

11:15 – 11:30

- Break

11:30 – 12:30

- Utility of other psychiatric and psychological assessments
Tim von Oertzen
Linz, Austria

12:30 – 13:30

- Lunch break

Afternoon workshops

13:30 – 17:00

3 groups of 20 participants will rotate from workshop to workshop

a) Investigation workshop

Hannah Cock
London, UK

b) Case-based video interactive session

Tim von Oertzen
Linz, Austria

c) Patient session (Observe key features in history, and then hear patient's perspective)

Anastasios Bonakis
Athens, Greece

Saturday, November 10, 2018

Gait dysfunction

Morning sessions

9:00 – 10:00

- Approach to clinical diagnosis – broad history and examination approach
Espen Dietrichs
Oslo, Norway

10:00 – 10:15

- Break

10:15 – 11:15

- Gait Apraxia – Investigation and DDX, with focus on small vessel disease vs. normal pressure hydrocephalus
Leonidas Stefanis
Athens, Greece

11:15 – 11:30

- Break

11:30 – 12:30

- Cerebellar ataxias, investigation and classification, including genetics
George Koutsis
Athens, Greece

12:30 – 13:30

- Lunch break

Afternoon workshops

13:30 – 17:00

3 groups of 20 participants will rotate from workshop to workshop

a) Falls workshop – including bone health, prevention strategies

Espen Dietrichs
Oslo, Norway

b) Radiology workshop illustrative cases

Leonidas Stefanis
Athens, Greece

c) Patient session (in person or video demonstration, including perspectives)

George Koutsis
Athens, Greece

Autumn Loutraki School 2018

Sunday, November 11, 2018

Tremors



Morning sessions

9:00 – 10:00

- Tremors: classification and criteria
Carlo Colosimo
Terni, Italy

10:00 – 10:15

- Break

10:15 – 11:15

- Diagnosis and differential diagnosis of tremor disorders
Maria Stamelou
Athens, Greece

11:15 – 11:30

- Break

11:30 – 12:30

- Treatment of tremor disorders
Joaquim Ferreira
Lisbon, Portugal

12:30 – 13:30

- Lunch break

Afternoon workshops

13:30 – 17:00

3 groups of 20 participants will rotate from workshop to workshop

- a) Tremors: phenomenology and examination
Carlo Colosimo
Terni, Italy

- b) Differentiating tremors – a practical approach
Maria Stamelou
Athens, Greece

- c) Video session – cases of rare tremor disorders
Joaquim Ferreira
Lisbon, Portugal

17:00 – 17:30

- Exam

Programme overview

Friday, November 9, 2018	Saturday, November 10, 2018	Sunday, November 11, 2018
Episodic loss of consciousness	Gait dysfunction	Tremors
09:00 – 10:00 Approach to differential diagnosis Anastasios Bonakis <i>Athens, Greece</i>	09:00 – 10:00 Approach to clinical diagnosis – broad history and examination approach Espen Dietrichs <i>Oslo, Norway</i>	09:00 – 10:00 Tremors: classification and criteria Carlo Colosimo <i>Terni, Italy</i>
10:00 – 10:15 Break	10:00 – 10:15 Break	10:00 – 10:15 Break
10:15 – 11:15 Utility of MRI, EEG and video-EEG Hannah Cock <i>London, UK</i>	10:15 – 11:15 Gait Apraxia – Investigation and DDx, small vessel disease vs. normal ressure hydrocephalus Leonidas Stefanis <i>Athens, Greece</i>	10:15 – 11:15 Diagnosis and differential diagnosis of tremor disorders Maria Stamelou <i>Athens, Greece</i>
11:15 – 11:30 Coffee Break	11:15 – 11:30 Coffee Break	11:15 – 11:30 Coffee Break
11:30 – 12:30 Utility of other psychiatric and psychological assessments Tim von Oertzen <i>Linz, Austria</i>	11:30 – 12:30 Cerebellar ataxias, investigation and classification, including genetics George Koutsis <i>Athens, Greece</i>	11:30 – 12:30 Treatment of tremor disorders Joaquim Ferreira <i>Lisbon, Portugal</i>
12:30 – 13:30 Lunch break	12:30 – 13:30 Lunch break	12:30 – 13:30 Lunch break
Afternoon Workshops		
13:30 – 14:30 A. Bonakis GR-1 H. Cock GR-2 T.v Oertzen GR-3	13:30 – 14:30 E. Dietrichs GR-1 L. Stefanis GR-2 G. Koutsis GR-3	13:30 – 14:30 C. Colosimo GR-1 M. Stamelou GR-2 J. Ferreira GR-3
14:45 – 15:45 A. Bonakis GR-2 H. Cock GR-3 T.v Oertzen GR-1	14:45 – 15:45 E. Dietrichs GR-2 L. Stefanis GR-3 G. Koutsis GR-1	14:45 – 15:45 C. Colosimo GR-2 M. Stamelou GR-3 J. Ferreira GR-1
16:00 – 17:00 A. Bonakis GR-3 H. Cock GR-1 T.v Oertzen GR-2	16:00 – 17:00 E. Dietrichs GR-3 L. Stefanis GR-1 G. Koutsis GR-2	16:00 – 17:00 C. Colosimo GR-3 M. Stamelou GR-1 J. Ferreira GR-2
		17:00-17:30 Exit Exam

Autumn Loutraki School 2018

Networking Programme

Thursday, November 8, 2018

20:00 Welcome

Welcoming words by

- EAN Education Committee:

Hannah Cock

London, UK

- Hellenic Neurological Society:

Elissavet Kapaki

Athens, Greece

- Local Organiser:

Maria Stamelou

Athens, Greece

followed by a reception and informal meet'n'greet

Friday, November 9, 2018

17.30 Boat excursion

through the canal of Corinth followed by a Greek evening with show and dance at Kalamaki Beach Hotel

Saturday, November 10, 2018

19.00 Scientific dinner

- RRFS lecture: Tips how to start your career as junior neurologist in Europe

Vanessa Carvalho

Porto, Portugal, RRFS treasurer

and

Case-Presentations by members of the faculty with Q&A

Sunday, November 11, 2018

19:00 Dinner & Good-bye party

About Corinth

About 78 kilometres west of Athens, Corinth and the archaeological site and village of ancient Corinth are located.

Corinth derives its name from Ancient Corinth, a city-state of antiquity.

The site was occupied from before 3000 BC. Ancient Corinth was one of the largest and most important cities of Greece, with a population of 90,000 in 400 BC. The Romans demolished Corinth in 146 BC, built a new city in its place in 44 BC, and later made it the provincial capital of Greece. Historical sources about the city concerns the early 8th century BC, when Corinth began to develop as a commercial center.

In 1858, the old city, now known as Ancient Corinth, located 3 kilometres south-west of the modern city, was totally destroyed by a magnitude 6.5 earthquake. New Corinth was then built to the north-east of it, on the coast of the Gulf of Corinth. In 1928 a magnitude 6.3 earthquake devastated the new city, which was then rebuilt on the same site. In 1933 there was a great fire, and the new city was rebuilt again.

The Corinth Canal, carrying ship traffic between the western Mediterranean Sea and the Aegean Sea, is about 4 kilometres east of the city, cutting through the Isthmus of Corinth that connects the Peloponnesian peninsula to the Greek mainland, thus effectively making the former an island. The builders

dug the canal through the Isthmus at sea level; It is 6.4 kilometres long and only 21.3 metres wide at its base, making it impassable for most modern ships. It now has little economic importance.

Construction started in 1881 but was hampered by geological and financial problems that bankrupted the original builders. It was completed in 1893, but due to the canal's narrowness, navigational problems and periodic closures to repair landslips from its steep walls, it failed to attract the level of traffic anticipated by its operators. It is now used mainly for tourist traffic.



ON OUR SHORES, THE OBVIOUS NEEDS DEEPER EXPLORATION.

LET'S DIVE FOR IT.
TOGETHER.

Driving Excellence in Neurology.

Be part of one of humankind's most ambitious projects to help uncover the workings of the nervous system. EAN connects 45,000 specialists in neurology in 47 countries across Europe. Promoting excellence, cutting-edge science and innovative therapies for a better life for more than 430 million patients in Europe alone. Read more on ean.org

Great Minds.



Notes

Educational Activities

In addition to Fellowship grants and the Spring and Autumn Schools, EAN is happy to offer other educational activities for professional neurologists and neurologists in training:

Regional Teaching Courses (RTC)

EAN-RTCs aim at bringing teaching of excellence to residents in neurology and neighboring specialties to the countries that cannot hold an EAN congress. One RTC per year takes place in Sub-Saharan Africa (co-organised with AFAN and other organisations). The purpose is to provide basic teaching in neurology and thus also establish friendly relations with all colleagues. These courses are scheduled for 3 days, with plenary sessions each morning followed by small tutorial groups in the afternoon (case-based video clips, hands-on workshops).

EAN-Day

The EAN-Day aims at bringing excellent teaching and special recognition by the EAN to our National Neurological Member Societies (and Corresponding Societies). This day takes place directly prior or after a National Neurological Society meeting and is a strictly academic educational initiative with financial support from the EAN. Three plenary sessions will take place in the morning addressing 3 different topics, followed by rotating workshops on the same 3 topics, case-based video clips or hands-on courses for participants to work and learn in smaller groups.

CME ARTICLES

Each month a CME article is published in the European Journal of Neurology and on the EAN website. Answer 5 article-related questions correctly and receive a certificate recommending one hour of CME. Please visit the EAN website, LEARN section, for free-of-charge access.

eBrain

This e-Learning programme consists of approximately 20 modules of e-learning, with each of the 550+ individual lessons taking around 20 minutes to complete and is **free of charge for EAN members** via the EAN website.

This programme is designed to support training and continuous professional development for clinical neuroscience trainees, consultants and non-specialists.

eBook: Manual of the Neurological Examination for Neurologists in Training

This multimedia publication is primarily aimed at students in clinical training and at junior doctors and can be downloaded free of charge for EAN members via the EAN website. In 12 sections, containing 90 videos tutorials and >100 images basics and finer points of the clinical bedside examination in neurology are presented by renown experts in their field.

Detailed information and all application forms can be found on www.ean.org/LEARN

ean
congress

5th Congress of the
European Academy
of Neurology

Oslo
2019

June 29 – July 2

Vi
sees
i Oslo

Abstract submission deadline
23 January 2019

Early registration deadline
10 April 2019

Neuroinflammation

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